



LOW IN CALORIES



FRENCH-STYLE  
**CREPES**™



THE LITE *Elegant* **Skippy** WRAP™



# ^ FRENCH-STYLE CREPES™

...with delicate, contemporary flavors and textures that complement a variety of fillings.

KONTOS NUMBER	UPC NUMBER	PRODUCT NAME	PACK WT.	CASE					PALLET	
				PACK	NET WT.	DIMENSIONS	CUBE	SHIP WT.	PAT.	CAP.
87109	0-32394-87109-6	Traditional Crepes: 9-Inch	4.66 oz.	10/6	3,375 lbs.	12.125" L x 11.25" W x 4.50" H	0.35	4.5 lbs.	12 x 12	144
87009	0-32394-87009-9	Traditional Crepes: 9-Inch	7.76 oz.	6/10	3,375 lbs.	12.125" L x 11.25" W x 4.50" H	0.35	4.5 lbs.	12 x 12	144
87011	0-32394-87011-2	Traditional Crepes: 11-Inch	10 oz.	6/10	4,125 lbs.	15.00" L x 12.50" W x 4.50" H	0.49	5.0 lbs.	9 x 12	108
85109	0-32394-85109-8	Savory Crepes: 9-Inch	4.66 oz.	10/6	3,375 lbs.	12.125" L x 11.25" W x 4.50" H	0.35	4.5 lbs.	12 x 12	144
85009	0-32394-85009-1	Savory Crepes: 9-Inch	7.76 oz.	6/10	3,375 lbs.	12.125" L x 11.25" W x 4.50" H	0.35	4.5 lbs.	12 x 12	144
85011	0-32394-85011-4	Savory Crepes: 11-Inch	10 oz.	6/10	4,125 lbs.	15.00" L x 12.50" W x 4.50" H	0.49	5.0 lbs.	9 x 12	108

Nutrition Facts	9" Traditional		11" Traditional		9" Savory		11" Savory	
	1 Crepe (22g)		1 Crepe (27g)		1 Crepe (22g)		1 Crepe (27g)	
<b>Amount Per Serving</b>								
<b>Calories</b>	80		100		70		80	
<b>Calories from Fat</b>	20		20		15		20	
	<b>% D V*</b>		<b>% D V*</b>		<b>% D V*</b>		<b>% D V*</b>	
<b>Total Fat</b>	2g <b>3%</b>		2.5g <b>4%</b>		1.5g <b>2%</b>		2g <b>3%</b>	
Saturated Fat	0.5g <b>3%</b>		1g <b>5%</b>		0g <b>0%</b>		0g <b>0%</b>	
Trans Fats	0g		0g		0g		0g	
<b>Cholesterol</b>	20mg <b>7%</b>		25mg <b>8%</b>		10mg <b>3%</b>		15mg <b>5%</b>	
<b>Sodium</b>	80mg <b>3%</b>		95mg <b>4%</b>		125mg <b>5%</b>		150mg <b>6%</b>	
<b>Total Carbohydrate</b>	12g <b>4%</b>		15g <b>5%</b>		10g <b>3%</b>		12g <b>4%</b>	
Dietary Fiber	0g <b>0%</b>		1g <b>4%</b>		1g <b>4%</b>		1g <b>4%</b>	
Sugars	5g		6g		1g		1g	
<b>Protein</b>	3g		3g		3g		4g	
FROZEN SHELF-LIFE: One-year	Vitamin A 2%		Vitamin A 2%		Vitamin A 0%		Vitamin A 0%	
CASE CODING: Julian (Manufacture Date)	Vitamin C 0%		Vitamin C 0%		Vitamin C 0%		Vitamin C 0%	
	Calcium 2%		Calcium 4%		Calcium 4%		Calcium 4%	
	Iron 2%		Iron 4%		Iron 2%		Iron 4%	
	<b>INGREDIENTS:</b> WATER, ENRICHED WHEAT FLOUR (NIACIN (B-COMPLEX VITAMIN), REDUCED IRON, THIAMIN (B1 VITAMIN), RIBOFLAVIN (B2 VITAMIN), FOLIC ACID), SUGAR, DEFATTED SOY FLOUR, NON-FAT DRIED MILK, DRIED WHOLE EGG, SOYBEAN OIL, BUTTER, CULTURED WHEAT STARCH, AND SALT.		<b>INGREDIENTS:</b> WATER, ENRICHED WHEAT FLOUR (NIACIN (B-COMPLEX VITAMIN), REDUCED IRON, THIAMIN (B1 VITAMIN), RIBOFLAVIN (B2 VITAMIN), FOLIC ACID), DEFATTED SOY FLOUR, EXTRA VIRGIN OLIVE OIL, NON-FAT DRIED MILK, DRIED WHOLE EGG, MOLASSES, SALT, CULTURED WHEAT STARCH, AND SUGAR.		<b>ALLERGENS:</b> CONTAINS WHEAT, SOY, MILK, AND EGGS.		<b>ALLERGENS:</b> CONTAINS WHEAT, SOY, MILK, AND EGGS.	



Traditional Crepes: 6 Ct./9"



Savory Crepes: 6 Ct./9"



Traditional Crepes: 10 Ct./9"



Savory Crepes: 10 Ct./9"



Traditional Crepes: 10 Ct./11"



Savory Crepes: 10 Ct./11"

**FOR MORE INFORMATION PLEASE CONTACT US AT:**  
**WWW.KONTOS.COM**  
**OR CALL US AT: 1-800-969-7482**  
 Kontos Foods Inc., PO Box 628, Paterson, NJ 07544