

KONTOS RETAIL FLATBREAD

BEST SELLERS

FLATBREADS & PITA

PIZZA CRUST

NAN / ROTI / CHAPATI

SPECIALTY

NEW WRAPS

2"	10096007	COCKTAIL FLATBREAD	12/20
6"	10006	GYRO BREAD	12/10
	10015	POCKET-LESS PITA®- WHITE	12/5
	10025	WHOLE WHEAT POCKET-LESS PITA®	12/5
7"	10005	GYRO BREAD	12/10
	10065	PIZZA PARLOR CRUST	12/5
	10068014	MULTIGRAIN PIZZA PARLOR CRUST	12/5
	10031	GREEK LIFESTYLE FLATBREAD (formerly SmartCarb)	12/4
OVAL	19001	GRILLED PANINI BREAD	12/4
	10035313	MINI PRE-GRILL OVAL FLATBREAD	10/10
9"	11531	GLUTEN-FREE WRAPS	12/6
	85109	TRADITIONAL FLAVOR CREPES	10/6
	87109	SAVORY FLAVOR CREPES	10/6
6"	10006	GYRO BREAD	12/10
	11060	POCKET PITA - WHITE	12/6
	11070	WHOLE WHEAT POCKET PITA	12/6
7"	10015	POCKET-LESS PITA®- WHITE	12/5
	10025	WHOLE WHEAT POCKET-LESS PITA®	12/5
	10005	GYRO BREAD	12/10
	10031	GREEK LIFESTYLE FLATBREAD (formerly SmartCarb)	12/4
OVAL	11093	CYPRIOI-STYLE POCKET PITA	12/4
7"	10065	PIZZA PARLOR CRUST	12/5
	19991	PIZZA PARLOR CRUST IN DISPLAY/SHIPPER	24/5
	19993	PIZZA PARLOR CRUST IN TRAY	12/5
	10068014	MULTIGRAIN PIZZA PARLOR CRUST	12/5
5"	11005	WHOLE WHEAT CHAPATI	12/10
	11006	CHAPATI	12/10
7"	10045	KULCHA NAN	12/5
	10053	ROGHANI NAN	12/5
	10087	ONION NAN	12/5
	10055	MISSY ROTI	12/5
OVAL	10038	MASSALA NAN	12/4
	10081	TANDOORI NAN	12/5
2"	10096007	COCKTAIL FLATBREAD	12/20
	10096481	COCKTAIL FLATBREAD IN DISPLAY/SHIPPER	48/20
	10057	HUMMUS FLATBREAD	12/4
	10058	MULTI-GRAIN FLATBREAD	12/5
	10077	OLIVE FLATBREAD	12/4
7"	19013012	CHIPOLTE PAN PLANO	12/4
	19017012	JALAPENO PAN PLANO	12/4
	19019012	PICO DE GALLO PAN PLANO	12/4
	19021012	SWEET ONION PAN PLANO	12/4
OVAL	19001	GRILLED PANINI BREAD	12/4
	10035313	MINI PRE-GRILL OVAL FLATBREAD	10/10
	10039	SOUTHWESTERN FLATBREAD	12/4
9"x11"	11026	LAVASH	24/6
	11045	FLAX, OAT BRAN, WHOLE WHEAT LAVASH	20/4
	11095	HANKERCHIEF FLATBREAD	12/5
	11050	BARBARI FLATBREAD	18/1
9"	11531	GLUTEN-FREE WRAPS	12/6
7"	10031	GREEK LIFESTYLE FLATBREAD (formerly SmartCarb)	12/4
9"	85109	TRADITIONAL FLAVOR CREPES	10/6
	87109	SAVORY FLAVOR CREPES	10/6



Find us on /KontosFoods

KONTOS FOODS INC., P.O. BOX 628, PATERSON, NJ 07544

1-800-969-7482
Made in USA

WWW.KONTOS.COM
WWW.FLATBREAD.COM

FLATBREADS



Flatbreads for Every Occasion and to Satisfy Every Taste ... No Other Bread Is More Versatile!



Kontos offers you the largest variety of flatbreads in America today. Kontos "authentic flatbreads" are made with the finest ingredients according to classic recipes that deliver delicious old-world taste. Each piece is Hand-Stretched for Fluffiness™ and baked to perfection.



• Kontos 7" GYRO



• Kontos Pre-Grilled Panini Bread



• Kontos 9" Flatbread

Mediterranean-style Classics

KONTOS POCKET-LESS PITA®

Our most versatile flatbread, and a bread staple for many cultures. Ideal for wraps, use it for sandwiches, or cut into wedges and toast to serve with dips and spreads. (White and Whole Wheat)

KONTOS 'PRE-OILED' GYRO BREAD

Pre-oiled for easier handling and requires minimal heating to become extremely flexible. Perfect for making wraps, like gyros and souvlaki.

KONTOS ONION FLATBREAD

Made with chopped onions and a blend of spices and sesame seeds, which add a delicious onion flavor to wraps or sandwiches!

KONTOS PIZZA PARLOR CRUST

Makes personal-sized pizzas in just 5 minutes! Use this delicious crust to produce your own special pizzas, with toppings from the familiar to the exotic. (White and Multi-Grain)

• Kontos Multi-Grain Flatbread



• Retail and Foodservice packages.

• Retail display racks available.

KONTOS HANDKERCHIEF FLATBREAD

(Markook/Roumali)

This classic round flatbread is nearly transparent, yet very durable and flexible, and is about 20 inches in diameter. Great for making 'beggars pouches'.

KONTOS PANINI BREAD

The perfect flatbread for making any grilled panini. Specially designed for maximum appetite appeal and cooking functionality. Also available pre-grilled for your convenience.

KONTOS OLIVE FLATBREAD

Made with pitted, chopped Kalamata olives, onions and herbs. This flatbread delivers the classic olive bread flavor.

KONTOS LAVASH

The perfect 'roll-up' bread. This soft and pliable rectangular flatbread rolls in both directions and is yeast-based. It absorbs moisture and will not fall apart. Use it for pinwheel appetizers and other rolled-up creations.

KONTOS POCKET PITA

The pita with a pocket, making it ideal for stuffed sandwiches. (White and Whole Wheat)

KONTOS MULTI-GRAIN FLATBREAD

Made with seven grains and seeds for a most delicious, healthy flatbread! No trans fats, no cholesterol, just a great tasting bread! Also available pre-grilled.

Asian-style Classics

KONTOS TANDOORI NAN

One of the most popular in the Kontos line. Resembling the nan baked by hanging a dough ball onto the wall of earthen tandoor ovens, it is featured in many Indian, Pakistani and Pan-Asian restaurants throughout America. This versatile oval flatbread will expand your menu.

KONTOS ROGHANI NAN

A flatbread favored in central Asia and known for its softness and flexibility.

KONTOS KULCHA NAN

A staple of central Asian cuisine, this flatbread is oiled just before baking for perfect flavor and softness.

KONTOS ONION NAN

This classic central Asian flatbread is baked for the onion lover! Made with chopped onions and a blend of kalunji, ajwan, cumin and sesame seeds, for a wonderful onion flavor.

KONTOS MASSALA NAN

A blend of fresh chopped hot chili and onions with exotic spices flavor this wonderfully spicy oval flatbread.

KONTOS ROTI

South Asian unleavened bread, traditionally made from stoneground wholemeal flour. Available in Missy Roti, Whole Wheat Roti and Methin Roti varieties.

KONTOS CHAPATI

Thinner variant to traditional Roti bread, an integral part of Indian and Pakistani cuisine. (White and Whole Wheat)

Kontos Innovations

KONTOS COCKTAIL FLATBREAD™

Whether flash-fried, baked, toasted or grilled our 2" Cocktail Flatbread will provide the inspiration for your most creative appetizers.

KONTOS PAN PLANO

The flatbread with a "kick!" Take any Hispanic, Southwestern or Tex-Mex menu application to a new level. Available in Chipolte, Jalapeno, Pico de Gallo, and Sweet Onion varieties.

KONTOS SOUTHWESTERN FLATBREAD

A piquant flatbread with a blend of chopped jalapeno, cilantro, green chili and onion, this oval-shaped product enhances any Southwest or Tex-Mex menu application.

OUR NEWEST ITEMS

KONTOS French-Style CREPES (9-Inch)

Elegantly Light, Low in Calories, and All Natural with delicate, contemporary flavors and textures that complement a variety of fillings.

2 Flavors: Traditional and Savory

KONTOS Greek Lifestyle FLATBREAD

More Protein, Less Carbohydrates, Less Sugar and Less Calories than most traditional flatbreads.



See chart on back for a full listing of our products and available sizes.

All Flatbreads baked by Kontos Foods contain No Trans Fats and are certified Kosher-Pareve and Halal.